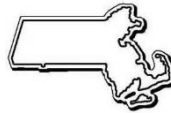




Bay State Cross Country Middle School Invitational



Date: Saturday, October 14, 2017

Place Wrentham Developmental Center, Emerald St Wrentham, MA

Site of Mass State Track Coaches Assn & MIAA XC HS Meets

Meet Director: Rick Kates rkates2005@gmail.com

Course: All grass, wide fields, can handle large races, ¼ inch spikes of flat sneakers are sufficient, very spectator friendly. All races will use electronic chip timing.

Distance: All races are 3000 meters[1.85 Miles]

Schedule of Events

1:45pm Girls 5-6th Grade Race-Unlimited

2:15pm Boys 5-6th Grade Race-Unlimited

2:45pm Girls 7-8th Grade Race-Unlimited

3:15pm Boys 7-8th Grade Race-Unlimited

INDIVIDUAL AND TEAM ELIGIBILITY: Each and every runner will need a signed waiver, and submitted by the team at packet pickup. All XC teams will be listed as representing the Massachusetts middle school they attend. The school does not need to have a formal cross country program or team to participate All Massachusetts public, parochial, charter, and private middle schools are eligible to run No combined schools, No town "all-star teams". Runners must be students of that middle school. Home school students may run in the grade races only

NO NINTH GRADERS!

AWARDS: INDIVIDUAL - Top 25 finishers in grade races

ENTRY: Entry will be set up online only at coachoregistration.com starting September 1, 2017. The entry fee is \$8.00 per runner entered.

Entries are due by **WEDNESDAY, OCTOBER 4 2017** Late Entries received after that date are \$15 per runner entered until **WEDNESDAY, OCTOBER 8, 2017**. No refunds – this is an entry fee, not a participation fee. Fees must be paid in advance on website.

Parking-On Site \$5 per car. No parking on hospital grounds or on side roads-Police will tow.

ACCOMMODATIONS: TOILETS on site. Runners “using” the woods will immediately disqualify the entire team from all races

TRASH – IF YOU CARRY IT IN, PLEASE CARRY IT OUT!

DOGS ARE ABSOLUTELY NOT ALLOWED AT THE RACE SITE Pass this information along to athletes’ families and spectators. Leave dogs home or in the car Individuals with dogs will not be allowed beyond the parking lot. Individuals with dogs will be asked to immediately leave the facility, and subject their child’s entire team to possible immediate removal from the site. That applies to spectators associated with any teams.

All teams, runners must stay off hospital grounds, and should only warm up & warm down around the course.

ALL ATHLETES MUST TURN IN SIGNED WAIVER AT TEAM PACKET-ALL COACHES ARE REQUIRED TO HAVE THESE FORMS OR ATHLETES WILL NOT BE ALLOWED TO COMPETE.

Athletic Trainer will be on site at finish line.

**Bay State Middle School Cross-Country Invitational
Participant Waiver & Release Form**

- I voluntarily agree to participate in the Bay State Middle School Cross-Country Invitational Meet and knowingly assume any and all risks of loss, damage to my person or property, injury (including death), both foreseen and unforeseen, of my attendance at and participation in the Bay State Middle School Cross-Country Invitational Meet from any cause whatsoever, including the fault or negligence of Releasees (as defined below). I, for myself, my heirs, personal representatives and assigns do hereby release, waive, discharge and covenant not to sue USA Track & Field, Inc., the local USATF Association, the Meet Administrators and Officials, the Facility, their respective officers, directors, employees, agents and volunteers (collectively "Releasees") from all liability, loss, claims, demands, possible causes of action, court costs, settlement costs and fees, attorneys fees and any other expenses arising from any claim or lawsuit that may arise from any loss, damage or injury (including death) to me or my property resulting from or arising in connection with, or related to, my attendance at or participation in the Bay State Middle School Cross-Country Invitational Meet. In the event that I am injured, I hereby consent to the provision of necessary and appropriate emergency medical treatment.
- By entering this competition, I grant the Bay State Middle School Cross-Country Invitational Meet a limited license to use my name, likeness, image, voice, video, athletic performance, biographical and other information, in any format whatsoever, and to distribute, broadcast and exhibit these without charge, restriction or liability, but only for the purposes of advertising or promoting the sport of Athletics. In no event, however, will such usage constitute an endorsement of any product or service without my specific written consent.

_____ Date: _____

Signature – ATHLETE

_____ Date: _____

Signature – PARENT / GUARDIAN (Must be signed if athlete is under 18 years of age.)

-A USA Track & Field Sanctioned Event –

